

## Burlington Forklift Training Program

Burlington Forklift Training Program - Lift trucks are sometimes referred to as lift trucks, jitneys or hi los. These powered industrial trucks are used widely these days. Department stores use forklifts to be able to unload products from trailers. Warehouses need them for tiering merchandise. And grocery stores make use of small models to drop stock in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, forklift operators should be trained well and licensed. The priority should be on pedestrian and worker safety. This forklift training program teaches the safety and health regulations governing forklifts in order to ensure their safe and efficient utilization.

### Forklift Training Program Safety Tips:

Forklift training programs are meant to guarantee that the operator is able to control the forklift safely in traveling, lifting and tilting. Just trained operators must operate a forklift.

Safety guidelines when traveling - head, hands, feet, legs and arms should be kept in the forklift truck during traveling. The forks should be low to the ground and tilted back. Observe traffic signs that are posted. Honk the horn and reduce speed when taking a corner. If the driver's vision is blocked by the load, drive in reverse slowly. Pre-check the ground for potential dangers, like wet or oily spots, objects, holes, rough patches, people and vehicles. Prevent stopping immediately.

If a person or vehicle crosses the blind spots of the lift truck, stop the truck, lower the load, and do not travel until the path is clear. When traveling on an incline, the forks must be pointed uphill with a load and downhill without a load. The lift truck must only be turned around if on level ground.

Safety guidelines while steering - Never turn the steering wheel sharply when traveling fast. Turn utilizing the back wheels and support the load by the front wheels. A truck that is overloaded will be difficult to steer. Adhere to load limitations. Do not add a counterweight in order to improve steering.

Safety guidelines when loading - The forklift's suggested load capacities should be adhered to; the information can be found on the data plate. Always ensure that the load is positioned based on the suggested load centre. The forklift would remain steady as long as the load is kept close to the front wheels.

Prior to inserting the forks into the pallet, the forklift mast should be in an upright position. Level the forks prior to inserting them.